

**Hello and Happy Spring!!!!!! Here is what's new with Boomtown Hoops!!!!!!**

### Upcoming Events

#### April 10:

We will be kicking off the festival season with the *Mary Washington University's Multicultural Fair*. I will be doing a solo hoop performance at 10:00 am. We will also be there selling hoops and other goods we have made. If you are near that area come out and check it out, admission is free to the public.

Here is the address:

James Farmer Multicultural Center  
1301 College Avenue  
Fredericksburg, VA 22401

#### April 17:

*Earth Day Celebration* in Martinsburg, Wv at War Memorial Park. It is free to the public and runs from 10 am - 4 pm. I will also be performing at this event and leading instruction on how to use your hoop! This event will also feature earth friendly children activities, recycling, art and craft vendors and other live entertainment.

#### April 18:

*Valley Earthfest* in Berryville, Va at Rose Hill Park. This a family oriented zero waste event spotlighting a Grass Roots Green, getting back to the basics approach to sustainable living offering workshops, farm to fork food, live music and vendors. 11 am - 7:30 pm.

#### April 24:

*Panhandle Earth Day Celebration* in Sheperdstown, Wv at Morgans Grove Park. Is free to public and is from 12 - 9 pm. There will be lots of great live music, craft vendors, farmers market, and kids activities.

#### May 1 & 2:

*Apple Blossom Festival Weekend in the Park* in Winchester, Va. Admission is \$5 a day, or a 2 day pass for \$7.50. Sunday admission gets you into the craft show, car show, and entertainment.

*That wraps it up for our upcoming events for the month of April. Please come out and support these communities, local vendors, and us. Come by and see us, we would love to talk and spend some time teaching you a new trick or two.*

### *Tricks of the Month*

This first one is one of my new favorites. It is called the shoulder POP. My advice is to start out slow and do it over and over and soon you will get it to really pop off and toss up and then you can catch it. Lots of fun.

<http://www.youtube.com/watch?v=Dz1FePY7AQs>

This second one is really simple and looks impressive to the viewer.

<http://www.youtube.com/watch?v=1W-s3QZGk4>

### *Boomtown Hoops new videos*

Here is a video of me hooping with my kids. Oriah is 4, and Airam is 2. They rock. At the 1:55 time in the video I start getting them to follow my lead.

<http://www.youtube.com/watch?v=M63b7EW37d0>

This one is me fire hooping, they disabled the audio because of copyright reasons of the song that was playing. I am starting to get the hang of the fire hoop. I don't feel scared anymore. :)

<http://www.youtube.com/watch?v=VdHKrtnMpFI>

One more video...this is the fairy dance group practice of a 5 person shoulder roll. It was our first try. Not to shabby.

<http://www.youtube.com/watch?v=FPeu7Mtut4M>

Last but not least, I would like to send a special thanks to the ladies participating in the fairy dance performance scheduled for May 15 and 16. It is a pleasure working with you all. You all have been so devoted and excited and I love you all. I can't wait for the rest of the world to see this dance. It is in my opinion going to be one of the greatest group hoop dances the world has ever seen. When this one is over I hope to start working on another one. So if anyone is interested in being a part of a group dance let me know. Many blessings of abundance and love to you all.

*Stephanie Connell*

<http://www.boomtownhoops.com>